

Best Practice - 1

1. Title of the Practice: Women empowerment programs

2. Goal:

- Creating an environment through awareness programmes to enable the students to realize their full potential for learning and solving their problems independently
- Arranging special sessions with the police and social activists for enabling the female students to be aware of several types of 'evil designs' by professional criminals for the worst type of exploitation taking the disadvantage of their innocence and gullibility.
- Dealing amicably with the student victims of exploitation of all sorts maintaining utmost confidentiality of the private life to protect their dignity.
- Involving social activists and Government officials to enlighten the students on human rights and fundamental freedom for equal rights and opportunities.
- Organizing debates and discussions on gender equality to enable the students to realize gender sensitization, thus leading to more equality and harmony in family and society.
- Conducting seminars and special sessions on ragging, eve-teasing and dowry system to expose the ill-effects of the evils.
- Organizing the exclusive health camps for women students by women doctors for free treatment of women-related health problems and conducting awareness programmes on the importance of sanitation, personal hygiene and prevention of seasonal diseases.
- Tackling the social, developmental, health consequences and prevention of HIV/AIDS from a gender perspective.

3. The Context

The percentage of the girl students of our college is nearly 40 %.The majority of them come from rural areas, where miserable conditions of poverty, illiteracy, ill-health and superstition take hold of their lives. The female students, in the beginning were not enthusiastic to participate in the deliberations. Some parents strongly opined that the awareness / sensitization programmes defeated the very purpose of sending their wards to the college. The coordinator and the members of the unit made contact to certain families through telephone and persuaded the parents that all the programmes were meant for the betterment and empowerment of their dear daughters. Thus they are doubly affected by the backwardness and discrimination. So, the college has resolved to take up the cause of Women Empowerment for the women students.

The institute has Saheli Vyaktimatv VikasManch and Internal Complaintredressal Cell which takes efforts to empower the students. The faculty conducts some activities to create self-confidence, health awareness among girl students. The Cell realized that initially, girls needed to be aware of their rights and next to bring sensitization among male students. Girls were given a chance to express their views on women's equality. They were enlightened about the first women's equality day and its purpose.

4. The Practice:

Gender bias is still deeply embedded in the family system in our society. The Cell realized that initially, girls needed to be aware of their rights and next to bring sensitization among male students. Girls were given a chance to express their views on International Women's Day, SavitribaiPhule birth Anniversary.

The cell initiated the following programs to empower the girl students on the campus:

- Introduction of Sexual harassment Prevention Committee and VishakhaAdesh Information by ICC is conducted every year in the first term to all the B.A and B.Sc students.
- Saheli Vyaktimatv VikasManch organized counseling program for girl students regarding their health problems.
- Lectures on prevention of sexual harassment of women at work place and save girl child were organized.
- Free blood checkup camp was organized by SaheliVyaktiMatvVikasManch in collaboration with Public Health Center, Niwade.
- Various lectures were organized for developing their confidence and personal hygiene.
- MahaHadaga was organized at the college to create awareness about Indian culture.
- Wild vegetable recipe food stalls were conducted in order to make them able to earn some money.
- Poetry reading on women empowerment by BetiBachaoAbhiyan, Saheli Vyaktimatv VikasManch and ICC was conducted on the subject of women empowerment.
- Newspaper cutting on gender equity and the role of men and women about women atrocities also conducted by ICC.
- Poster Presentation on Ideal Women by Saheli Vyaktimatv VikasManch conducted on International Women Day.

- SavitribaiPhule birth anniversary is conducted every year in the college by SaheliVyaktimatv VikasManch through various activities like poster presentation,Newspaper cutting, Rangoli competition to inculcate woman rights to education among girl students.
- Various guest lectures were arranged for the girl students for personal cleanliness and hygiene, various diseases in women to make them aware of good health and hygiene.

Sr. No.	Event	Duration	No. of Beneficiaries
1.	Introduction of Prevention of Sexual harassment Committee	7 and 8 Sept. 2015	120
2.	World Women's Day: Poster presentation on Female Foeticide and Dowry.	08/03/16	120
3.	Workshop:- Peer Education Programme:- Personality Development for teenager by Mr.VijaysinhBhosale	09/09/15	125
4.	Women Empowerment Program: Rally	16/10/15	12
5.	Free checkup camp for Women including platelet count,HB,RBC,WBC,plasma,Random sugar	31/12/15	206
6.	Free medical checkup and free medicine distribution for women by Dr.AmolJadhav and Dr. SagarChaugule	02/01/16	206
7.	Lecture:Importance of health and cleanliness by Dr. MangeshPatil	03/01/16	40
8.	Women Empowerment Program:-Personality Development and health awareness by Mrs.ShilpaLatthe	01/01/16	40
9.	Lecture: Women Empowerment Program and Rural Development by Prof.DhanajiBhosale	31/12/15	40
10.	Lecture by Prin. H.S.Vanmore on Challenges in front of Youth	04/01/16	40
11.	SavitribaiPhule Birth Anniversary: - Life And Work Of SavitribaiPhule.	03/01/17	115
12.	Introduction of Prevention of Sexual harassment Committee	23/08/16	100
13.	Women's Health Program:-Women's beauty and health problems: Lecture by Dr. Chitruk	27/12/16	47
14.	Women Empowerment Program: Lecture by Ms.S.S.Amrutsagar	26/12/16	47
15.	Save the baby girl :Rally	28/12/16	120

16.	Free HB Checkup camp for Women and blood donation camp in collaboration with Vaibhavlaxmi Blood Bank,Kolhapur	26/12/16	175
17.	World Women's Day: Poster Presentation	08/03/17	120
18.	Nutritive Food Competition	28/09/16	100
19.	Workshop:- Prevention of Sexual harassment of women at workplace Act 2013,2016	27/02/17	130
20.	Police Department and Women's protection Provision by NirbhayaPathak: Visit at the college	24/01/17	90
21.	Introduction of Prevention of Sexual harassment Committee and VishakhaAdesh Information by ICC	23/09/17	140
22.	Workshop by Dept. of Marathi and Lead College Scheme on Footprint of growth of women in society (Strivikasachyapaulkhuna) : Guest lecture by SangitaAswale on Education of Girls and by SunitaDabholkar on Health and diet of girls by Dept. of Marathi and Lead College Scheme	20/03/18	150
23.	Counseling to the students by ShahuwadiNirbhayaPathak regarding Women Safety by ICC	03/11/17	130
24.	World Women's Day: Creating positive affirmations in students by balloon flying in the sky with positive thoughts written on it by Saheli Vyaktimatv Vikasmanch and ICC	08/03/18	120
25.	Counseling to the girl students regarding health and hygiene by Saheli Vyaktimatv Vikasmanch	28/07/17	100
26.	NirbhayKanya Week by Saheli Vyaktimatv Vikasmanch	21/09/17	150
27.	SavitribaiPhule Birth Anniversary by Saheli Vyaktimatv Vikasmanch	03/01/18	140
28.	SavitribaiPhule Birth Anniversary	03/01/19	170
29.	Women Empowerment Week celebration	10/01/2019 to 17/01/2019	250
30.	Traditional Day celebration	15/01/19	250
31.	Introduction of Prevention of Sexual harassment Committee and VishakhaAdesh Information	03/08/18	170

32.	Information given by Prevention of Sexual harassment Committee by committee members regarding Prevention of Sexual harassment of women at workplace Act 2013.	30/08/18	180
33.	World Women's Day: poster presentation on various subjects like Today's Women, Poetry on Women, successful women of India and problems of women.	08/03/19	160
34.	Free blood checkup camp for girl students	28/08/2019	400
35.	Mahahadaga	4/10/2019	150
36.	Guest lecture by Dr. Sangita Nimbalkar on Cancer in Women and its awareness	11/01/2020	150
37.	Traditional dress competition	17/01/2020	20
38.	Savitribai Phule Birth Anniversary	03/01/2020	110
39.	Poster Presentation on Ideal Women by Saheli Vyaktimatv Vikas Manch	10/03/2020	170
40.	Poetry reading on women empowerment by Beti Bachao Abhiyan, Saheli Vyaktimatv Vikas Manch and ICC	10/03/2020	170
41.	Newspaper cutting on gender equity and the role of men and women about women atrocities	10/03/2020	170
42.	Wild vegetable food stall Exhibition and competition	27/09/2019	100
43.	Girl student counseling by Mrs. Priyanka Chavan and Mrs. Yogini Nagargoje from PHC, Niwade	28/08/2019	150
44.	Introduction of Prevention Sexual harassment Committee and Vishakha Adesh Information by ICC	25/07/2019 27/07/2019	170

5. Evidence of Success:

Through various programs like Poster presentation on Female Foeticide and Dowry, poster presentation on various subjects like Today's Women, Poetry on Women, successful women of India and problems of women, Poetry reading on women empowerment, Poster Presentation on Ideal Women, Newspaper cutting on gender equity and the role of men and women about women

atrocities; girl students expressed their feelings and opinion about gender equity and current position of women in society.

Every year introduction and work of Prevention of Sexual harassment Committee and Vishakha Adesh Information was given by ICC to all students so every student became aware a lot of respect of girl students due to this there was not any complaint to ICC in writing by any students.

Every year the college organizes free women blood checkup camp and after that one lecture is conducted to the girl students regarding their health issues. The girl students of our college take benefit of that and they become aware of health and nutritional requirement.

Various programs, workshops and guest lectures were organized by Saheli Vyaktimatv Vikas Manch and ICC like Workshop on Peer Education Programme and guest lecture on Personality Development for teenager, Workshop on Footprint of growth of women in society, Counseling to students by Shahuwadi Nirbhaya Pathak regarding Women Safety by ICC, Guest lecture on Cancer in Women and its awareness. Due to such workshops and guest lectures girl students interact very strongly and two girl students of our college from B.Sc. II participated and were selected in the 15th National Youth Parliament jointly organized by the Ministry of Parliamentary Affairs and Shivaji University, Kolhapur. Students from BSc I, II participated in the street Act and elocution competition in the youth festival organized by Dr. J.J. Madgum college of Engineering, Jaysinghpur organized on the behalf of Shivaji University. Two students participated and got second prize in oral paper presentation at National conference on Recent Trends in Chemical Science and its interdisciplinary applications organized by Shri. Yashwantrao Patil Science College, Solankur.

Poetry reading session was organized on *Beti Bachoo* Abhiyan on campus for the students and staff which initiated awareness about gender and female Infanticide and girl child education.

6. Problems Encountered and Resources Required:

Our college is located in the rural and hilly area so parents do not quickly allow their wards for participating in activities like traditional dress competition, wild vegetable recipe competition. A few students were reluctant to balance their academic work and awareness programmes. The response of a few parents to permit their wards for various programs was found disappointing. Persuading the parents and implementation of the schedule was difficult.

Best Practice - 2

1. Title of the Practice: Participation in Gandhi Vichar Sanskar Pariksha

2. Goal:

- To imbibe Mahatma Gandhi's values i.e. truth, non-violence, sympathy, honesty and his work to the students
- To prevent increasing violence and cruelty in society
- To create peace in the society.
- To generate awareness on personal hygiene and cleanliness
- To create awareness regarding Good Health

3. The Context:

Gandhi Research Foundation (GRF) launched Gandhi VicharSanskarPariksha (GVSP), an examination on Gandhian ideologies; it was purely on a trial basis. For two years prior to the launch of GVSP, the GRF team visited each and every school and college in various district of Maharashtra to convince officials regarding the exam. In 2007, the exam was attempted by 3,876 students at various schools and colleges. There was a common syllabus, just one book called SankshiptAtmakatha, a small autobiography written by Mohandas Karamchand Gandhi. The positive response inspired GRF to take the exam in various district in 2008. 2nd October is declared as a non-violence day by UNESCO 2018-19. It was his 150th birth anniversary. In this year the examination focused on Gandhi's thoughts. Our college actively participated in the exam from 2013. In the academic year 2018-19, 144 students of our college participated in the exam. Our student Ms. Ashwini Anil Kaware received the gold medal in this examination. Our students are inspired by her success in the examination.

4. The Practice:

- On behalf of Gandhi research foundation Jalgaon, the exam is conducted every year. School, college and university students participate in the exam. The intention of conducting the exam is to inculcate Mahatma Gandhi's thoughts to the students.
- The exam was conducted during 2013-14, 2014-15, 2015-16, 2016-17, 2017-18 and 2018-19 in our college. The students participated in the exam in large number.

5. Evidence of Success:

Sr.No	Year of Exam	Total number of students participated	Success
1.	2013-14	288	Student Participation
2.	2014-15	166	Ms. Pallavi Ashok Lambe received silver medals
3.	2015-16	166	Ms. DipaliSadashivNaik and Ms. SupriyaSatishPatil received silver medals.
4.	2016-17	144	Ms. YogitaSambhajiKanoje received silver medal and Ms. SwapnaliBajiraoPatil received bronze medal
5.	2017-18	174	Ms. VaishaliPrakashPatil received silver medal, Ms. RhutujaMahavirShete, Ms. YogitaShrikantMahajan and Ms. JayashriShivajiKapase received bronze medals.
6.	2018-19	144	Ms. Ashwini Anil Kaware received gold medals.
7.	2019-20	136	Ms.SuvarnaBabuJankar got silver and Ms. PranitaAnandaKhade received gold medal.

Our college actively participated in the exam from 2013. In the year 2013, 288 students appeared for the examination and they passed in the examination. In the year 2014, 166 students participated for the examination and Ms. Pallavi Ashok Lambe received silver medals. In the year 2015, 166 students participated in the examination and Ms. DipaliSadashivNaik and Ms. SupriyaSatishPatil received silver medals. In the year 2016, 144 students participated in the examination and Ms. YogitaSambhajiKanoje received silver medal and Ms. SwapnaliBajiraoPatil received bronze medal. In the year 2017, 174 students participated in the examination and Ms. VaishaliPrakashPatil received silver medal, Ms. RhutujaMahavirShete, Ms. YogitaShrikantMahajan and Ms. JayashriShivajiKapase received bronze medals. In the year 2018, 144 students participated in the examination and Ms. Ashwini Anil Kaware received gold medals. This is our great achievement. In the year 2019, 136 students participated in the examination in which Ms.SuvarnaBabuJankar got silver and Ms. PranitaAnandaKhade received gold medal.

6. Problems Encountered and Resources Required:

Our college participated in the innovative activity. However most of the students used to say that the Gandhian thoughts are out dated and are not applicable in practical life. Some of the students were not at all interested in reading books on Gandhian thoughts. More efforts are needed to inculcate the Gandhian thoughts among the students.